

## The Official Newsletter from Y Services



## **WELCOME TO IMPACT**

Welcome to our first edition of Impact, the official newsletter from Y Services. As a charity, we deliver quality youth work that makes a lasting impact by providing young people with opportunities for personal development, social engagement and empowerment.



## **VIEW FROM THE CHAIR**

Y Services is now in it's 13th year of operation. In that time we have seen different methods of youth work in different locations, but what I continually notice is the passion from youth workers keeping young people at the centre of everything we do, whether it is in youth centres, on the streets or in schools. We are so happy you are part of our journey.

The work you do is amazing and so important. The support you provide has enormously positive effects on the young people you work with and as a result their whole families. I can't thank you enough.

## YOUNG WORKER VOLUNTEERS

Becoming a Young Worker is more than volunteering for us. It guides what we do.

Our amazing young workers help to shape our youth groups, guide our programmes and deliver our projects.

Young workers are young people who've attended our projects and step up to volunteer at our junior clubs, HAF project, events and even create our digital content!

We asked young workers why they volunteer, Alex said "I volunteer because I want to make a difference in the community, I like to help young people and be there for them when they need someone by doing this can help them grow and try new activities."

If you are aged between 14 and 17 and would like to make an impact as a Young Worker volunteer, please email <a href="mailto:recruitment@yservices.co.uk">recruitment@yservices.co.uk</a> for an application pack.



Pictured is Alex (left) and Ricky (right) taken during our HAF Project making a delicious "Overloaded Rocky Road" for all participants.

Every day is a school day...
either you teach something or
you learn something

JOY, FOCUS SEN GROUP VOLUNTEER

## **PROJECT SPOTLIGHT**

Focus SEN Group is our inclusive youth group for young people with Special Needs and Disabilities. The group takes place every Wednesday from 7pm to 9pm at the Genesis Centre, Locks Heath.

Each session is creative, comprehensive and varied. The programme is compiled by young people attending supported by staff, volunteers and partners.

Autumn Highlights of the include One Hit programme Wonder Day with karaoke and use of the music studio, celebrating World Mental Health Day creating stress balls and self-sooth boxes and a Christmas Party to end the term. Many sessions are supported with Asda Champions Heidi and Rachel, we are so grateful for their help and resource donations!



Focus recently had a powerboat experience with local charity WetWheels, an accessible boat provision. All group members were offered the chance to take part in a truly amazing experience. "We went so fast, the best bit was my driving." (Aiden 15)

Focus SEN Group offers a safe space for young people to engage with each other, where they can build their skills and meet with others.

Entry is £3 for Gateway card holders and £4.50 for non Gateway card holders. The club receives funding from Hampshire County Council as part of their Short Breaks scheme.

For more information email Fi, lead worker, <u>fi@yservices.co.uk</u>



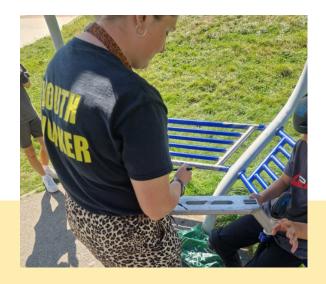


## **DETACHED**

The Detached Team have been busy visiting their regular areas talking to young people, plus, this summer, offering post-coding on bikes and scooters in local parks and open spaces.

The purpose of detached youth work is to provide opportunities for personal and social development for young people and to create or reinforce positive lifestyles. Here is also opportunity to challenge behaviour and attitudes so that young people are more open minded and aware of the impact that what they say, do and can have.





The team, led by Amy, cover Fareham, Gosport, Havant and Southern Parishes of Winchester in all seasons. Youth workers build trusting relationships with young people not engaging in youth services, and also those in more isolated and rural areas where services can be scarce.

The detached team also work closely with the Community Safety Partnership Team. Information on local hotspots is passed onto the teams who then visit these areas during their evening detached sessions, engaging with young people and seeking to resolve community issues or tensions. Feedback is given to partners on the impact of engagement and outcomes achieved.

For more information about Detached youth work email <a href="mailto:amy@yservices.co.uk">amy@yservices.co.uk</a>



## HAF ROUND UP

HAF Summer saw our best (Holidays Activity Food) and Project delivery yet! We spanned 4 sites and engaged with 124 individual people young throughout 104 vouth work sessions making 811 attendances.

We had trips to Blue Reef Aquarium, Woodmill Kayaking and Top Rock climbing, Family Fun Bingo/Quiz nights days, Colour Festivals. The sessions delivered a wide range of activities fishing, inflatables, including woodwork. bushcraft. reptile handling, textiles upcycling and we even had a Taylor Swift themed session!

This summer we launched the Achievement Awards, giving young people an opportunity to receive a certificate for having a personal achievement within the session recognised by all Well attending. done to all recipients.

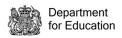
One family said "thank you so much, this is the only place she feels safe to attend on her own" (ASD female, 10 years). Another parent said "I would never be able to do activities like this over summer with my boys" (mother of three attendees).

We would like to say a massive thank you to all the team involved and especially to project lead Lorna, who made sure the project went like clockwork.

If you are interested in signing up to the next HAF project at Christmas time please email <a href="mailto:haf@yservices.co.uk">haf@yservices.co.uk</a>

Y Services HAF Project is funded by Hampshire County Council, Connecting 4 Communities and Department for Education.

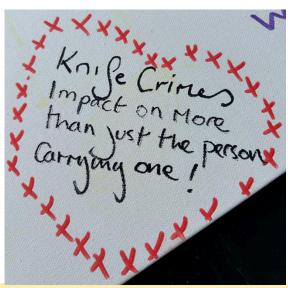








# Y SERVICES IN THE COMMUNITY



Y Services were asked to provide knife crime activities at local events recently, having issue based discussions and talking about the consequences of carrying a blade. Young people at Fareham's 999 Day and Gosport's Forton Fest were able to share messages on a giant canvass and talk about their experiences.



To celebrate Pride Month this year, Y Services LGBTQ+ groups created a giant cross-project art piece, a banner to use during the Pride March at the Portsmouth Pride event in July. Each project created a unique design with it's own story, this included hands, a frog and a unicorn. The group had a stand providing support signposting to Y Services projects.



We saw the welcome return of "Sean" the Y Bus after a brief hiatus with grateful thanks from Hampshire OPCC. The bus was present at the Daedalus 75 event where we welcomed many local families on board to make crafts and find out more about what we do. Look out for the Y Bus delivering sessions

| DONNA JONES | POLICE & CRIME

AMPSHIRE & ISLE OF WIGHT



# DEVELOPING WORK RELATED SKILLS

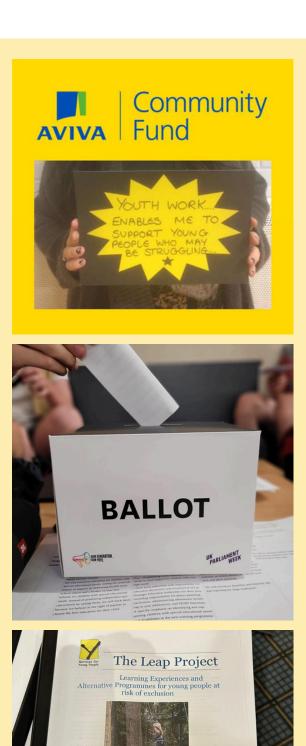
Y Services provides opportunities for young people to develop work related skills. K (pictured left) was a participant at two Y Services youth projects for a couple of years. At the age of 16 he was asked if he would become a young worker to help with a Friday night youth project. This gave K the opportunity to develop his confidence and skills with working with young people. At the age of 18, he completed his interview to become an adult volunteer for the charity and now supports two projects alongside his College course. We are thrilled that he has chosen to stay with the charity to gain further experience working with young people.

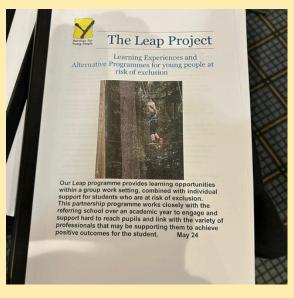
## **CHARITY UPDATES**

Y Services were extremely honoured to be asked to join Aviva to raise money to provide quality youth work and developing vital financial life skills. We absolutely smashed our £5000 target, with thanks to our supporters who donated and to Aviva Community Fund.

Over 100 young people took part in the "Our Generation, Our Vote" nationwide scheme prior to the General Election. Young people under 18 participated in conversations about politics, democracy and the issues that affect them. They cast their vote and results were sent to organisers who fed back to parties and broadcast of Sky's FYI show to demonstrate the thoughts and views of children and young people.

The LEAP Project was launched at Portsmouth Alternative Learning Provision Conference. LEAP provides learning opportunities within a group work setting, combined with individual support for students who are at risk of exclusion.







When you think about youth work a pool table may spring to mind. It is the conversations around the pool table that are important, the listening skills of the youth worker to support young people who maybe facing challenges in their life. Take a look at where our youth clubs are happening in your area.

#### **Fareham Town**

Tuesday - Broadlaw Youth Project for ages 10 to 16 Wednesday - XPerience Youth Club for ages 10 to 13

#### **Fareham Western Ward**

Tuesday - EnerGe Youth Club for ages 10 to 13

Wednesday - Focus SEN Group Thursday - Y Health Locks Heath for 11 to 16 years

Thursday - ReGen Youth Caff for ages 13+

Friday - Whiteley Youth Club, term time only - for ages 10 to 14

My daughters have gone to Whiteley youth group and its made a world of difference to them, helped them make friends and build their confidence.

Thank you so much for all you do

### K P-P

## Gosport

Monday - Elson Youth Project 3.30pm to 5.30pm for 9 to 12 year olds, 6pm to 8pm for 12 years + Tuesday - Gosport Y Health for ages 11 to 16 Friday - Smoothie and Snack Bar free drop in for ages 11 to 16

## Stubbington/Titchfield

Tuesday - Oasis Youth Club for 9 to 13 years

Wednesday-Crofton Youth Project at 4.30pm to 6.30pm for 9 to 12 years, 6.45pm to 8.45pm for 12 years +

Thursdays - Oasis Youth Club for 14 years +

## Portsmouth/Havant

Monday - Fratton Youth Club for ages 10 to 15 years Wecock Youth Project for 11 years + Thursday - Waterlooville Youth Club for ages 9 to 12 years

## **LGBTQ+ Groups**

Fareham/Gosport/Havant - Email <a href="mailto:dawn@yservices.co.uk">dawn@yservices.co.uk</a> for details

@yservicesforyoungpeople



@y\_services\_for\_young\_people

These guys do a brilliant job. Help them, help children and teens navigate a tricky time in their lives.



JW

























For more information about any part of our service please email info@yservices.co.uk or call/text 07585 115022







@y\_services\_for\_young\_people

