



# Y SERVICES FOR YOUNG PEOPLE

2023

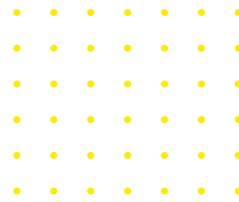
Prepared by:

**Lynne Meechan**

## ANNUAL YOUTH WORK WEEK SURVEY REPORT

A snapshot of young people's views on our service.

# National Youth Work Week



## Youth Work in every place and space



National Youth Work Week 2023 was Monday 6 to Sunday 12 November.

The theme this year was 'youth work in every place and space,' celebrating everything amazing that youth work does in every sector, location and context.

## Annual Survey

Y Services for young people puts young people at the centre of everything we do and every year we survey the young people who work with us during National Youth Work Week.

We want to know what they think of the quality of service they receive, the activities they do, the youth workers they work with and their feelings on what outcomes they achieve.

This year the survey was revamped and an accessible version was created with the lead from our special education needs and disabilities (SEND) provision.

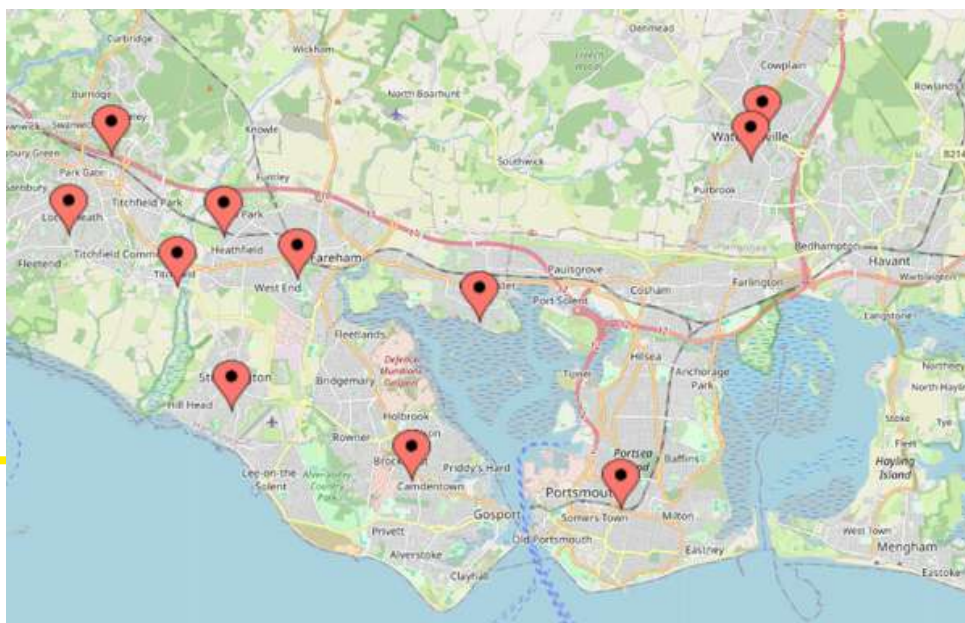
The opportunity to complete a survey was given to every young person attending our provision during National Youth Work Week.

It is important for us to understand and demonstrate why youth work is important and to ensure that our services meet the needs of those that attend.

Where we work

# Youth projects

Y Services delivers projects from youth and community centres, in schools, and our detached teams work across Fareham, Gosport and Havant.



## Fareham and Gosport youth projects

Crofton  
Elson  
Fareham centre  
Fareham Park  
Locks Heath  
Portchester  
Titchfield  
Whiteley

## Portsmouth and Havant youth projects

Fratton  
Waterlooville  
Wecock

### Our offer

Detached

Specialist Youth Work

LGBTQ+, Y Aspire, Music, Health



Open Access Provision

Youth Centres, Playrangers

Targetted

HAF, SEND

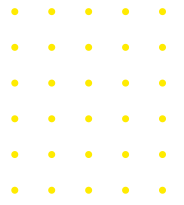
Supporting Young People In Their Communities

# Survey returns by youth project

Projects	No of surveys completed	Projects	No of surveys completed
Crofton jnrs	11	Oasis snrs	6
Crofton snrs	17	Odyssey	16
Elson jnrs	0	ReGen	14
Elson snrs	0	Wecock	11
EnerGe	17	Whiteley	21
Fareham NW	7	Xperience jnrs	7
Focus	17	Xperience snrs	10
Fratton	9	Detached	6
LGBTQ+	9	<b>Total</b>	195
121 LGBTQ+	4		
Oasis jnrs	13		

# The Survey

## Accessible version



### NATIONAL YOUTH WORK WEEK SURVEY 2023



We want to know what you think about youth work 😊

1) How old are you?

2) Are you

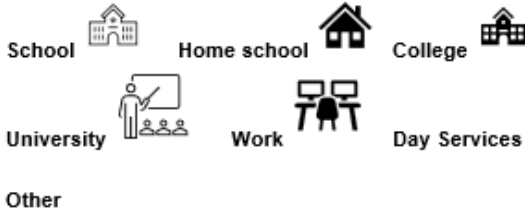


or



3) What is your ethnicity?

4) During the day I go to



5) Do you help look after a family member?



Yes

No

6) How many Y Services projects do you come to?

7) Do you attend other youth clubs/projects not run by Y Services?  
Which ones are they?

8) Do you trust Y Services staff and volunteers?



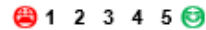
9) Do you feel the staff and volunteers trust you?



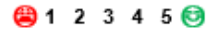
10) Do youth workers challenge discrimination and poor behaviour of those who attend?



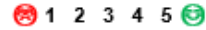
11) How safe do you feel at your project?



12) How safe do you feel on the streets?



13) How much do you enjoy your time at Y Services?



14) Have you learnt new skills at your project?



15) Do you take part in the project forum?



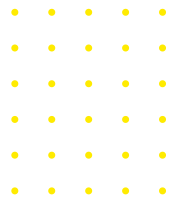
16) What difference has coming to Y Services made to you?

17) Would you recommend this youth project to a friend?



18) What could we do better?

Thank you for answering our questions!



# Summary Headline findings



## Survey overview

Participants were aged between 8 and 32

40% of respondents were aged 11-12

77% of young people attended one Y Services project, however 15% attended two or more

86% had learnt new skills and participated in challenging activities

66% said they felt their workers always challenged discrimination/attitudes/behaviour

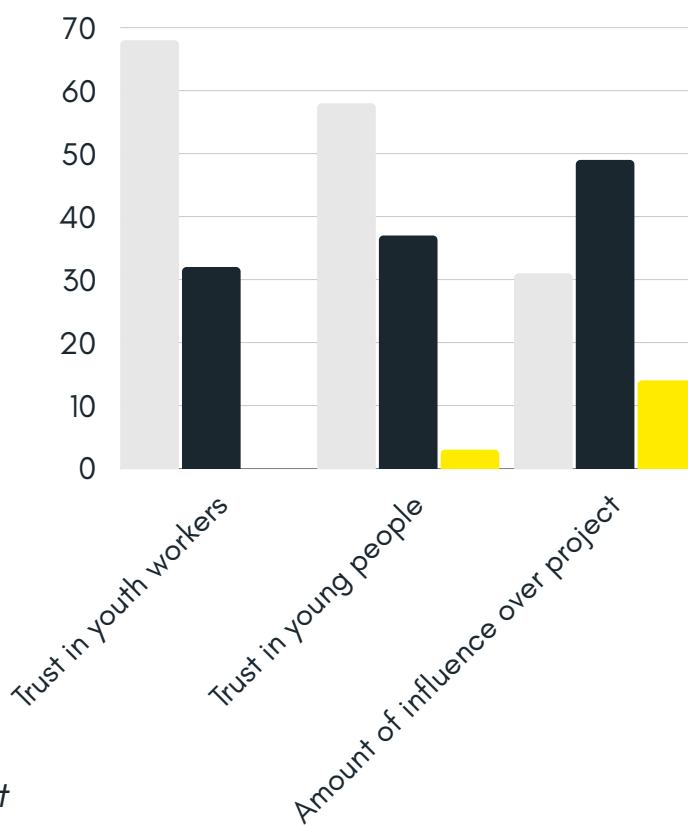
# 195 participants

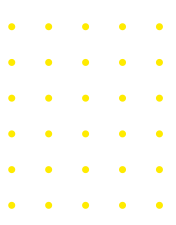
## Trust and influence

Young people were asked:

- how much trust they had in their youth workers
- how much they felt their youth workers trusted them
- the amount of influence they had over the running of their project.

Light grey - a lot  
Black - a bit  
Yellow - not at all





Survey findings

# What did young people tell us?



## What difference has Y Services made to you?

**“An impact on my mental health in such a positive way.**

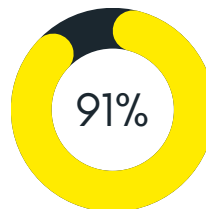
**My life has been so much more respected here”**

### Personal development

The most common response that young people reported was **improved confidence.**

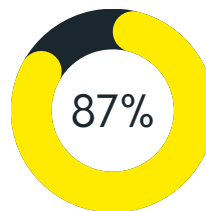
They also said working with Y Services had made them:

- Happier
- More thoughtful
- Kinder
- Nicer
- More mature
- Calmer
- More sociable



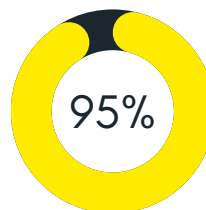
### Feeling safe

91% of young people feel very safe or safe in their project



### Enjoyment

87% of young people enjoy their time at Y Services, voting 4 or 5 out of 5

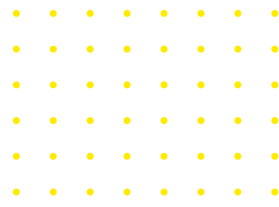


### Recommendation

95% of young people would recommend Y Services to a friend

## “I used to hate Monday’s but now I love them”

# What difference has Y Services made?



**“Allowing me to practice my social skills among different age groups”**

**“I was supported during low times”**

## Improved social skills

## Impact

Young people shared some specific outcomes that they noticed:

- “I feel more listened to”
- “I eat more, made me have a shower”
- “Helped anxiety”
- “Made me feel more comfortable being me”
- “Improved school behaviour”
- “Focus more, more confidence”
- “A different person”

## Friends

“it has made me less nervous to talk to new people, as when I joined everyone was nice”

### A safe space

It was clear that young people valued a safe space to meet their friends, with 53 sharing that their youth project enabled them to meet new people and spend time with friends.

“It has given me a safe place to go”

## Supported

### Outcomes

Young people identified that as a result of our projects they:

- Spent less time on screens
- Left their houses
- Engaged in positive activities
- Had new experiences
- Learnt more about topics
- Developed social skills



How can we improve?

# What could be better?

## 01. Sessions

Recommendations around the service were:

- Reopen health and wellbeing
- More outings as a youth group
- Be more open
- More days
- We should do trips
- More youth club
- To get more people to come and make youth club group bigger and get more people
- No upper age



## 02. Activities and equipment

A common request was to have a wider range of activities, with specific requests for:

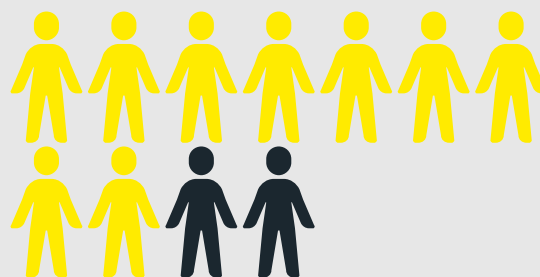
- More cooking
- Water slide/pool/costume days
- Boxing
- More activities focused on different celebrations

Other comments suggested more PS4 games to play, contactless payment, a working microphone and new pens.

## 03. Refreshments

Tuck featured in responses, with many asking for more tuck and to "have a better selection of drinks".

Young people who engaged with the detached team said "bring more snacks".



## 04. Environment

There was a strong theme around having a quiet area, with one suggesting "Put a comfort corner".

Additional comments focused on being able to be outside, with requests for outside space "its hot inside".

At Oasis members commented on how big the main room is and can feel overcrowded.

What will we improve?

## Actions to address Youth Work Week responses

### You said:

#### 01. Sessions

- Reopen health and wellbeing
- More outings as a youth group/we should do trips
- Be more open
- More days
- More youth club
- To get more people to come and make youth club group bigger and get more people
- No upper age

#### 02. Activities and equipment

- More cooking
- Water slide/pool/costume days
- Boxing
- More activities focused on different celebrations
- More PS4 games to play
- Contactless payment system
- Working microphone and new pens

### We will:

- Y Services has secured for funding to reopen a health and wellbeing session
- Elson will explore trips in the local area
- LGBTQ+ will advertise and include more trips in the programme
- Some projects are limited with trips by requirements to open
- Y Services will advertise projects in schools

- Projects will increase the number of cooking activities
- Projects will explore celebrations, Fratton will look at Ramadan
- Projects will implement a swap shop for PS4 games to ensure each group has the opportunity to play other games
- Y Services will explore a contactless system such as Sum Up
- Projects will hold a spreadsheet of subs to allow young people to pay in advance
- Genesis will provide a working microphone

What will we improve?

## Actions to address Youth Work Week responses

### You said:

### We will:

#### 03. Refreshments

- More tuck
- Have a better selection of drinks
- Bring more snacks (the detached team)

- Portchester will revamp their tuck
- Fratton will speak to the community centre who operate the tuck shop
- Projects will have a wider selection of drinks
- Detached workers will take more snacks

#### 04. Environment

- Have a quiet area, "Put a comfort corner"
- Ability to be outside, with requests for outside space "its hot inside"
- Over crowded feel in the main room at Oasis

- Projects will take steps to introduce a quiet area including pop up tents if space is at a premium, and/or quiet time slots in the session
- Genesis is exploring a change in planning permission to allow workers to be in the garden with young people
- Oasis has secured the use of a larger room which can be used from now on



# More Information About Us



## We will support young people in their community by:

- Providing and developing outreach and youth work sessions for young people primarily aged 11-19 years
- Providing opportunities that develop young people's personal, social development and learning, through informal education activities and positive engagement
- Placing young people at the centre of what we do
- Promoting equality of opportunity for all people
- Developing educational and research opportunities which support the professional practice of youth work
- Providing skilled trained youth workers
- Supporting communities and organisations to develop safe and high-quality youth work projects which meet the needs of young people in the local area

## Contact Us :



**Services for  
Young People**

Charity no - 1145664

[www.ysservices.co.uk](http://www.ysservices.co.uk)



@y\_services\_for\_young\_people



@Yservicesforyoungpeople



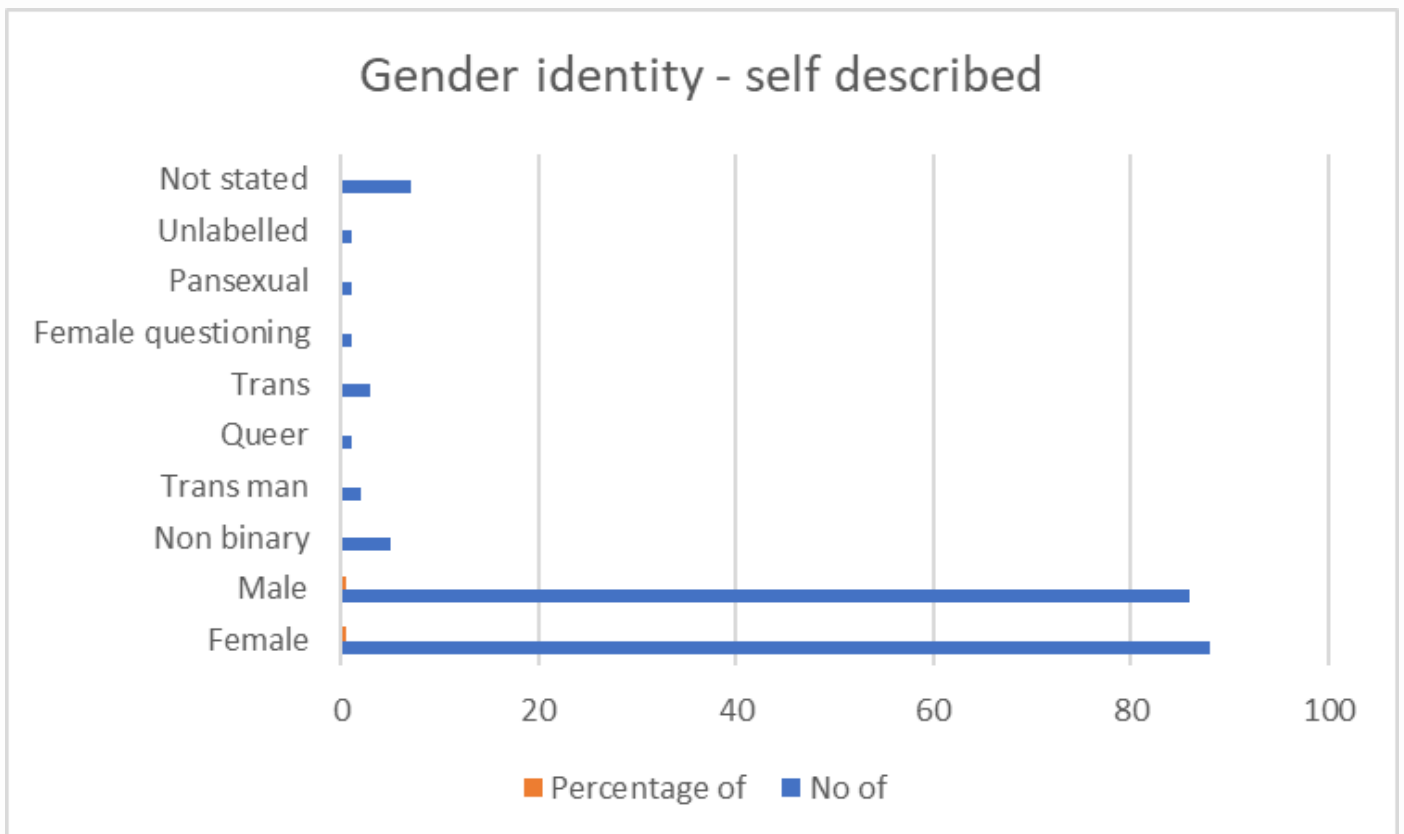
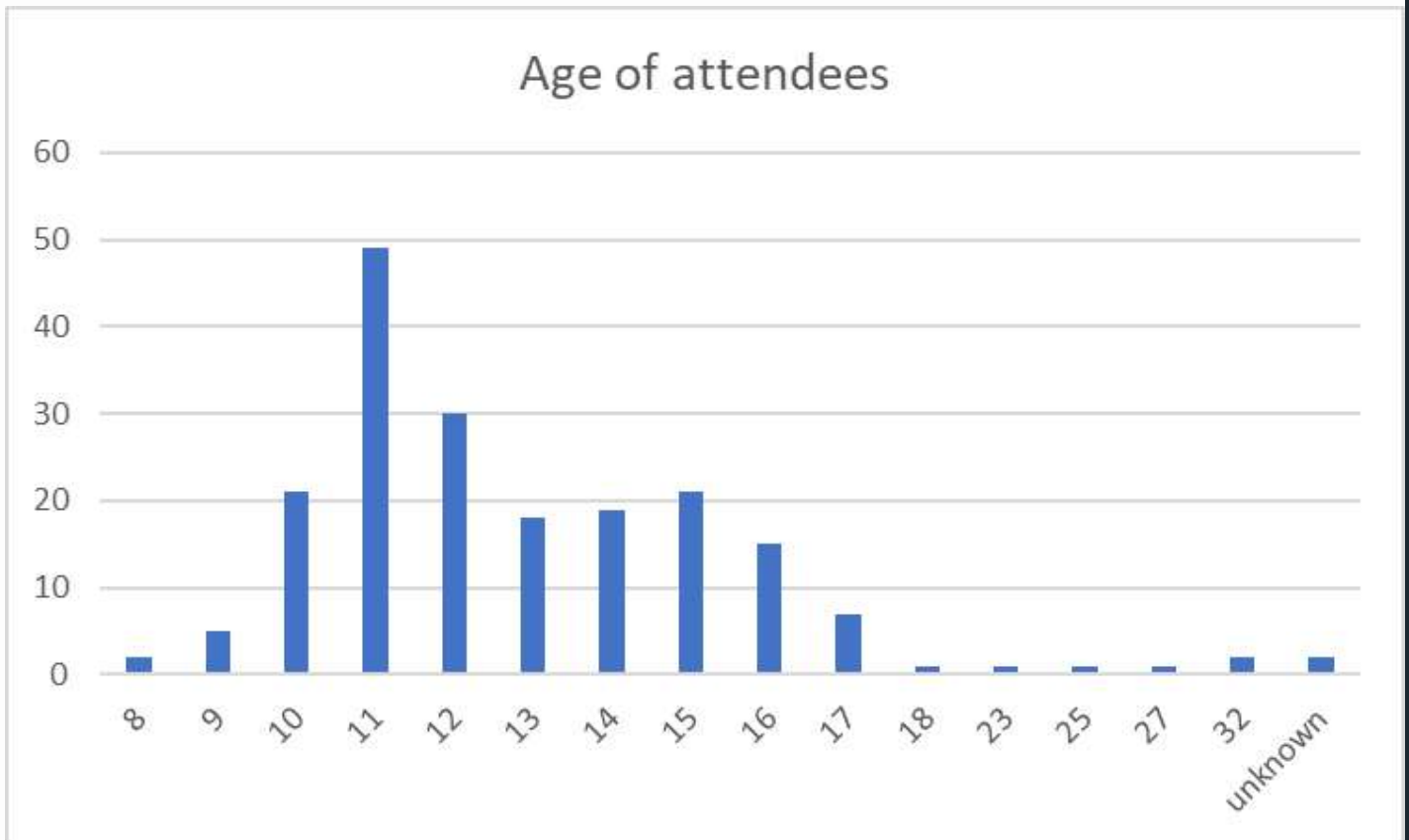
@y\_services

[info@ysservices.co.uk](mailto:info@ysservices.co.uk)

07585 115022

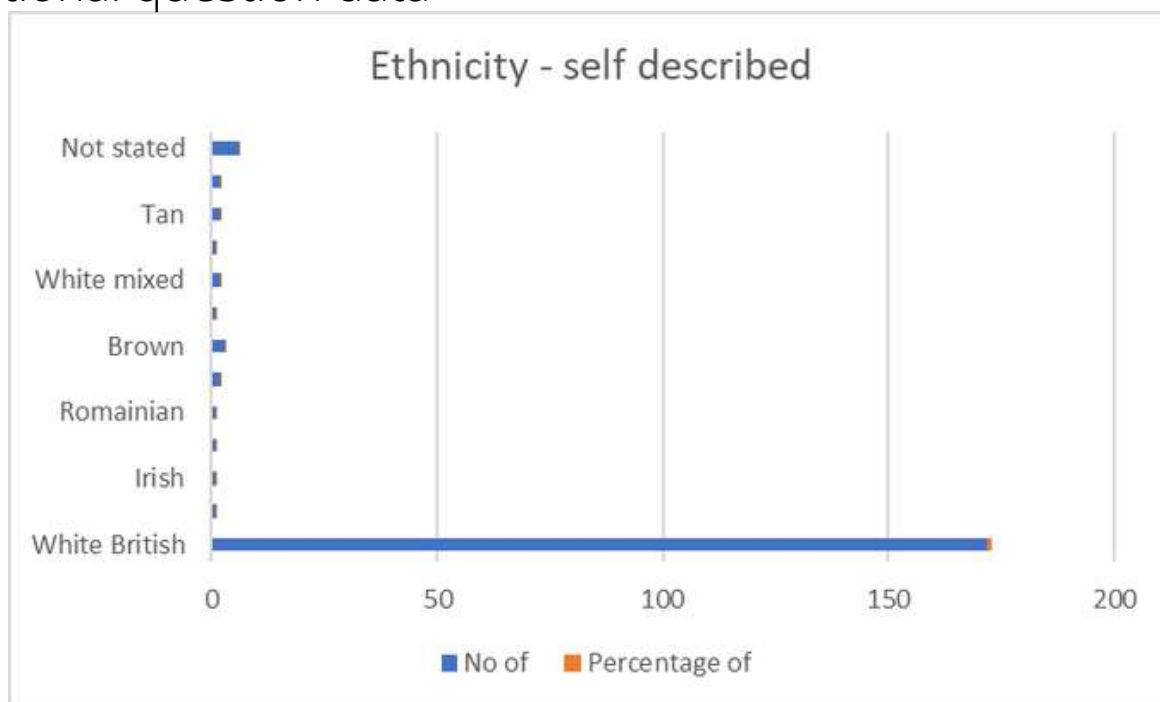
# Appendix

## Additional question data



# Appendix

## Additional question data



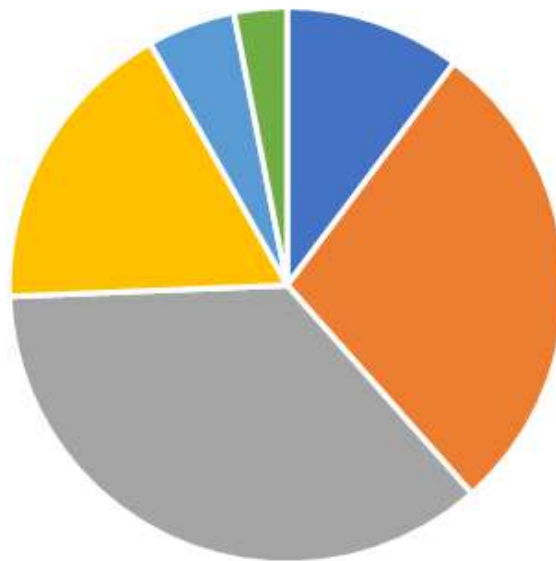
<b>Other youth projects attended</b>	Yes	None	Not answered	Total responses
No of yp	45	144	6	195
Percentage of yp	23%	74%	3%	100%

<b>Helps care for family member</b>	Yes	No	Not answered	Total responses
No of yp	110	84	1	195
Percentage of yp	56%	43%	1%	100%

<b>Daytime activity</b>	School	Home-schooled	Day Services	College	Uni	Work	Other	Not answered	Sleep	
No of yp	163	4	1	17	0	3	5	1	1	195
Percentage of yp	84%	2%	1%	9%	0%	2%	3%	1%	1%	100%

## Appendix

### Feelings of safety on the streets



■ Very safe ■ Safe ■ Neither safe or unsafe ■ Unsafe ■ Very unsafe ■ Not answered

### Additional quotes

"I don't believe there is any strong need for improvement (you are AMAZING!)"

"You guys are amazing"

"Just keep up the good work"

"I think that the services here are very good"

"Making new friends and we can talk about anything we like and do anything we like but it has to be safe to do"

"Boosted confidence and met new cool people :)"