

Y Services for Young People Annual Review 2013



Welcome to our second Annual Review which gives an overview of the work of Y Services for Young People in 2013. I am pleased to report that 2013 was another successful year for Y Services. Working with our partners we delivered work with young people in 20 projects across the south of Hampshire.

With our main delivery partner Music Fusion, the MY partnership has delivered a range of exciting youth work opportunities for young people in Fareham and Gosport. 2013 has been a year of diversification for Y Services. We have delivered Play rangers sessions in Fareham and Gosport, a youth work training for adults funded by the European Social Fund and youth work projects like the National Citizenship Scheme that have developed our offer to young people.

I would like to say thank you to all the supporters of Y Services for Young People – our staff, trustees, partner organisations and the young people and adults who have contributed to our work in 2013.

Andy Kennedy, Chair of Trustees

Our Aims

The advancement in life of young people:

1. By delivering youth work to young people
2. By supporting communities to deliver youth projects that meet the needs of young people
3. By providing youth work training and development opportunities
4. By supporting the professional practice of youth work

What we do

Y Services for Young People does Youth Work! We deliver youth work in a range of settings and styles that meet the needs of young people.

How we do it

Y Services for Young People is supported by a range of partner agencies and funders who believe in helping young people access youth work



Focus Youth Club



We have had a fabulous year at Focus Special Needs project, with a sustained growth in membership of the club and being able to offer even more activities thanks to our committed volunteers and young workers. **We** held a “Come Dine With Me” competition with three teams taking part, and the winners and all participants being recognised at the Y Services celebration of achievements evening. In the summer term, members decided to put on a show and make gifts for people in the local community as part of their community project with Mencap. We also ran our popular “Teenscheme” programme for two weeks in the summer holidays, for young people with additional needs.

In Autumn 2013 we took a group of 15 young people on the National Citizens Service programme, 10 of whom are members of the SN youth club. Under this programme, the young people took part in a residential experience in Devon where they tried out adventurous activities including: canoeing, river crossing, high ropes, and caving. Once back in Gosport, the young people spent three days learning new skills in workshops at Focus – where they made costumes and scenery, and learnt to face paint as well as learning dances. This culminated in a performance by the group to raise funds for charity as their social action element of the programme. Overall it has been a busy and very successful year for the group, and we look forward to the next 12 months.



FOR MORE INFORMATION

Fi Durrant, Worker in Charge

Oasis Youth Club

Oasis offers young people living in and around Titchfield a range of age-appropriate weekly informal educational activities including cookery, craft, team games and challenges. All of our youth club members were encouraged to participate in National Youth Work Week 2013 Survey, and we were delighted by the positive responses to the questionnaire enquiring about young people's views about youth clubs and youth workers. It was particularly encouraging that young people felt that attending a youth club helped them at school. One of our younger members who struggles at school and with anger issues told us "It calms me down and helps me cope".

In spring 2013 we ran a successful 12 week project in partnership with the Police. The Junior PCSO Scheme involved an exciting weekly programme of targeted visits and activities. Amongst the activities our group visited the Fire Station and operated the hoses, explored the back of an ambulance, and even found out about the history of Titchfield. The project culminated in a celebration/presentation evening where the parents and guardians were invited



to see the young people collecting their certificates. All of our Junior PCSOs were also presented with a commemorative photograph taken with the Police Sniffer Dog.

We are now looking forward to celebrating the anniversary of our third year in April 2014 and we are incredibly proud to see that many of our young

people have remained with us since that first day we opened our doors. We look forward to continuing on our past successes and we can truly say that it has been a privilege sharing Titchfield young people's journey to becoming independent, successful and most importantly...happy young adults.

FOR MORE INFORMATION

Susie Higgs, Worker in Charge

Y Volunteer project

A project specifically targeting unemployed women, single parents and over 50s, to offer a training course designed to develop self confidence, aspirations and transferable skills.

25 unemployed adults completed the six week course delivered in Fareham, Gosport and Havant.

Participants completed workshops and then undertook voluntary youth work with Y Services during the summer holidays - "Access all Areas" and "Summer Passport". The training was accredited via the AQA award scheme and ran from April to August.

FOR MORE INFORMATION

Lorna Danter, Youth Development Worker



Xperience Hub A My Partnership Project

The Xperience Hub delivers 3 evenings of youth work a week and there have been a number of highlights.:

Music Fusion delivered a 10 week music project which saw the forming of a band. It was a real challenge to get a group of different young people together to learn the vocals, drums, bass and guitar, for a Paramore track that was recorded and made into a cd. We really look forward to extending the opportunity to taking the young people involved to some recording studios for a completely new different and challenging experience

Furthermore to this 1 young person has successfully completed her SRE training so is skilled to deliver the Get it on scheme to peers, another young person has successfully participated in a Y Services recruitment process and now is employed as a youth

worker for the Fareham Footie project based in North Fareham area. Also 2 young people took part in the National Citizenship Service in October half term.

Y Services is committed to working in the local community, this year the Hub Provision has also delivered sessions this summer as part of Fareham's Access All Areas summer activities scheme in the local area, as well as regularly delivering activities at the SNAP dance events for young people at Fernham Hall.

We have been running the 628 club at Xperience Youth Centre as a young workers project, for young people in years 6, 7, and 8



Friday Nights 628 at XP

The club has grown in membership and has a core group of young people who enjoy taking part in a number of arts and crafts. The young workers have been heavily involved in leading and developing the project, and have developed and grown in confidence and self esteem as a result of their involvement.

FOR MORE INFORMATION

Dawn Tracy, Youth Development Worker

Forton Footy

The Forton Footy Project

runs every Saturday and Thursday at Forton Recreation ground Muga. Boys and girls of various ages attend to be coached by Y Services Sports Coaches.



The young people learn new skills and improve old ones in a safe/ fun but structured environment. Nearly 50 young people are now registered with the project and they turn out in large numbers rain and shine !!!

FOR MORE INFORMATION

Y Services HQ



Gosport LGBT Support Service

A My Partnership Project

The LGBT project delivers a weekly youth club and 121 support sessions in the community. We have been able to offer 21 different young people 121 support sessions. Some of the issues that young people have been supported with this year have included:

Supporting a young person regarding their gender identity and signing their deed poll documents so they can begin their 'real life experience'.

The project has undertaken some very important work instigating and making a referral to the Tavistock and Portman Clinic for a young person who identifies as Transgender. The Tavistock is the only clinic in the UK that offers a specific service for children, young people and families regarding gender identity issues.

Legacy Community Project that saw a core group of 8 young people working together to write, research, direct, shoot and edit a video to be used as a learning tool highlighting the issues of being a young person who identifies as LGBT. It provides an insight into what it means to be LGBT and an encouragement that it's okay to be LGBT and how the young people "came out" to family and friends. This resource has been utilised in working with other young people who are exploring their sexuality and identity.

A young person was supported to explore how to come out to their parent. The young person made a video, which gave them the strength to be able to tell them face to face.

FOR MORE INFORMATION

Dawn Tracy, Youth Development Worker

Odyssey Hub A My Partnership Project

In May last year a number of Odyssey young people's achievements were recognised in the Y Services Celebration of Achievement Evening. This included Layla Fendle whose contribution to the project through participation in The Legacy Project, Commissioning of substance misuse work via HCC, sitting on interview panels, promoting projects and leading and motivating other young people to join in lead her being given a Y Ambassador award.



Our Monday evening 11 – 13 project has really taken off since September and we now see on average 35 young people per session. We are delighted to have 2 young workers Jess Bowles and Joe Danter on board who are doing a fantastic job in supporting young people to get involved in the activities we have on offer. Our programme has included Ready Steady Cook, Cycle Safety, Team games, Christmas Crafts and Cooking. Young people are currently in the process of naming their night to establish ownership and we are looking to offer an offsite activity in half term.

8 young people were given the opportunity to attend the Words Not Weapons 2 Launch at The Spring Arts Centre in Havant and took inspiration from witnessing their peers perform songs they had written and could identify with.

We have had many new faces at Jammit and seen more young people trying out and developing their musical skills.

Young people have continued to enjoy making and sharing food on a Friday evening following a donation from Councillor Roger Price and recent dishes have included chicken curry, a Christmas dinner and Gingerbread Biscuits.



FOR MORE INFORMATION

Abi Facey, Youth Development Worker

Our Partners, Funders and
Supporters



Titchfield Youth Club



The Moving
On Project



Hampshire
County Council



GENESIS IDENTITY PROJECT



The Identity project was started to meet the needs of young people in years 6 and 7, to support their transition into secondary school and their growth into adolescence. Young people have benefited from working in small groups to tackle issues important to them.

They have held a mini the Olympics and fund-raised £100, participated in

'Come Dine with Me' which develops independent living skills and raises awareness of food hygiene and team working, made a full Christmas dinner, covered topics such as bullying, transition work, alcohol awareness, body image and more

This group provides an excellent opportunity for older young people to volunteer and to build their own self confidence and skills whilst supporting younger teens to develop. Young volunteers are supported by Y staff and encouraged to develop and challenge themselves as well as the young people they are working with.

This is also an opportunity for volunteers to be involved in a local community project.

A recent volunteer has gone on to successfully apply for a post at Y services. This project is made possible because of the fantastic support from local counsellors and residents who sit on the Genesis Management committee. They have also visited the young people and seen the work first hand.



FOR MORE INFORMATION

Cheryl Balson, Worker in Charge

Genesis HUB

A My Partnership Project



Genesis young people have grown and thrived over the last year. Maturing and learning to challenge and contribute to their club.

They have participated in activities about Diversity, Health, Sexual health, Substance misuse etc. They have also participated in music workshops and put on their own talent show to parents and friends.

They have looked at healthy relationships and specifically bullying and teen relationship abuse. They have been developing independent living skills cooking and learning about food and personal hygiene. They have participated in their youth forums actively taking part and developing the programme. A small group of 20 planned a community sponsored event raising money for their chosen charity 'Help for Heroes' and they raised over £200 which was excellent. They also met with a member of the RAF and learnt more about the role of H4H and the armed forces in general.

Young workers supported the Fareham 'Access all Areas' summer programme and other Y services events, including interviewing staff and being involved in arranging for young people to be presented a 'BIG' cheque donation. One of our young women assisted the Y photographer to photograph and edit pictures for the 'Youth Work Week' slide-show.



FOR MORE INFORMATION

Lorna Danter, Youth Development Worker

Y Play Rangers

Play Rangers is a combined provision between Y Services and Fareham Borough Council

It runs over the summer period and in half term holidays visiting many areas in Fareham.

Unlike with many facilities, play rangers targets the age range of 0 – 12 and this has allowed Parents to be involved, in their child's fun and for no fee.

Since we started last summer play rangers has evolved and developed.

Though play rangers, is mostly based outside, we have adapted and have taken it inside especially with the horrid weather we have had over this year.

Y Play Rangers run the sessions which offer group games and craft activities in parks and green spaces in Fareham.



These include scavenger hunts, parachute games, football and messy art.

Parents are responsible for their children at all times and children under eight must be accompanied by an adult.

FOR MORE INFORMATION

Y Services HQ

Celebration of Achievement Evening

On the 23rd of May 2013, young people, parents, supporters, y volunteers, staff and trustees attended the charity's first Celebration of Achievement Evening at the Ashcroft Arts Centre in Fareham. We presented achievement awards and Y Ambassador Awards.



Fareham and Gosport Detached

My Partnership Projects

Detached youth work is delivered across the Fareham and Gosport areas based on the local needs.

Multiagency groups advise the youth work teams where hotspots are in terms of antisocial behaviour or where groups of young people have been seen in parks, shopping parades etc. Staff deliver work which includes personal safety, information on risky behaviours such as substance and alcohol misuse and community involvement and participation. Currently, detached workers deliver six sessions per week across both Boroughs.

Over the past year Street based youth work has changed in many ways.

Leadership, structure, staff have come and gone, but the passion and dedication by the

staff especially at a hard time in Gosport, when those two young women were killed has been above expectation.

The support and encouragement to be able to make a real difference in the community, and form a partnership with other organisations to develop the needs of local young people at this hard time, has been a rewarding one, which has been shown in the respect and appreciation the young people express when we meet them on their patch.

Future areas that are evolving are the development of a memorial to the young girls and more interaction with the community and the organisations, to make Fareham and Gosport a safer place for young people.



Letters written by young people for the memorial book set for the two young women who died.

FOR MORE INFORMATION

Keith Baker, Worker in Charge

You Decide - Fareham North West

Y Services were honoured to be chosen by the residents of Fareham North West to provide a Friday Evening Youth Club and a football project for young people. Members of the public voted for Y Services at a community event in July.



FOR MORE INFORMATION

Keith Baker, Worker in Charge

Fareham and Gosport Health and Well Being Projects



Y Services in partnership with the Moving On Project deliver six Health and Well Being Projects in Fareham and Gosport on behalf of Hampshire County Council.

The Health and Well Being Drop Ins run at the following locations – Odyssey Youth Centre - Porchester, Xperience Youth Centre - Fareham, Genesis Youth Centre – Locks Heath, Bridgemary School, Brune Park School and Bay House School.

Activities this year across the projects have included an end of term celebration barbecue, making memory bottles, World AIDS Day awareness raising activities, alcohol awareness games, celebrating diversity at Diwali, healthy eating – what's in your food & fruit kebab making, World Mental Health Day quizzes, making personal safety bracelets, nail art, making Y Health bunting and voting in a bean survey to say which issues they felt most affected young people in their area.

Health and Well Being staff were active across Fareham and Gosport this summer during Access All Areas and Summer Passport. Planned work for next year includes a residential for young people providing an opportunity for focused activities, awareness raising and mindfulness.

FOR MORE INFORMATION

Abi Facey, Youth Development Worker

Our Financial Position

Y SERVICES FOR YOUNG PEOPLE SUMMARISED FINANCIAL STATEMENT

FOR THE 13 MONTHS ENDED 31 MARCH, 2013

2012 (12 month)		2013 Restricted Funds	2013 Unrestricted Funds	2013 Totals
£		£	£	£
	Incoming resources			
52,832	Voluntary income	143,976	6,384	150,360
233	Activities for generating funds	3,495	-	3,495
53,065	Total incoming resources	147,471	6,384	153,855
	Resources expended			
18,671	Charitable activities	115,283	632	115,915
1,327	Governance costs	4,909	206	5,115
19,998	Total resources expended	120,192	838	121,030
33,067	Net resources before transfers	27,279	5,546	32,825
-	Gross transfers between funds	(11,789)	11,789	0
33,067	Net movement in funds	15,490	17,335	32,825
	Reconciliation of funds			
-	Total funds brought forward	29,719	3,348	33,067
33,067	Total funds carried forward	45,209	20,683	65,892

These summarised financial statements are not the statutory accounts but a summary of the statement of financial activities only. They have been derived from the full accounts which have been independently examined.

This summarised financial statement is consistent with the full annual accounts.

David Fields

Pi Accounting

This summarised financial statement does not contain any additional information from the Directors' and Trustees' Report. The annual accounts were approved on 15 November, 2013 and copies of the full accounts are available from both Companies House and, free of charge, the Charity Commission.

Mr A Kennedy Trustee

Approved by the Y Services Trustees on 12 February 2013