



Y Services for Young People
Annual Review 2012

Y Services for Young People

This Annual Review gives an overview of the work of Y Services for Young People in 2012. I am delighted to report that 2012 was an exceptional year for Y Services. Working with our partners we delivered work with young people in 14 projects across Hampshire.

As part of the Legacy partnership we have provided a range of exciting youth work opportunities for young people in Fareham and Gosport.

In National Youth Work Week Y Services undertook a survey of the young people that accessed our projects. We received 136 responses from young people during the week and their responses, summarised in this review were positive about our staff and their work.

I would like to say thank you to all the supporters of Y Services for Young People – our staff, trustees, partner organisations, staff and the young people and adults who have contributed to our work over the last year.

Andy Kennedy

Chair of Trustees
Y Services for Young People



24 Hour Art Challenge

Y Services for Young People

Our Aims

The advancement in life of young people:

1. By delivering youth work to young people
2. By supporting communities to deliver youth projects that meet the needs of young people
3. By providing youth work training and development opportunities
4. By supporting the professional practice of youth work

What we do

Y Services for Young People does Youth Work! We deliver youth work in a range of settings and styles that meet the needs of young people.

How we do it

Y Services for Young People is supported by a range of partner agencies and funders who believe in helping young people access youth work.



Forton Football Project

Project Delivery in 2012

Special Needs

The Wednesday night youth club for young people with additional needs meets at Focus Youth Club, Lee on the Solent, funded through local donations and Hampshire County Council Short breaks funding.

The project has a steady group of young people who access the provision, and is run predominantly by volunteers. There are 5 young workers who support the project and are able to deliver intensive support to some of the less able members of the group. We have utilised opportunities to advertise through the opening of Focus Youth Centre, as well as through contacting the Youth Support Service who refer young people and their parents to the project.



Focus Special Needs Project

We have had an exciting programme, including a visit to the local Pets at Home store to meet some animals, as well as a jubilee party and lots of crafts and games. Tied in to the youth club is the popular Teenscheme which runs for two weeks in the summer holidays and hopes to expand to meet the request from parents to run for a couple of days in each holiday. We have been fortunate enough to have had support for this year's programme from the Mayor of Gosport as well as Gosport Youth Concern.

Oasis Youth Club – Titchfield Community Centre

It has been a busy year with community engagement, and we make every effort within the time we have available to participate in Titchfield community events and help promote the Youth Club. Over the Jubilee weekend, Oasis was represented at the planning committee meetings in the lead up to the big event. Not only did we

host our own “50s party” as part of a packed programme of activities in the village, we also hired the portable climbing wall from Hampshire Outdoor Service for the Jubilee Jamboree. This proved to be extremely popular and approximately 100 tickets were issued to young people between 10 – 20 years. We were delighted that many of the young women overcame their initial fears and tackled the wall.

In September 2012 we entered Titchfield Carnival with a “Totally Tropical” walking entry. It was a very chilly afternoon, especially dressed in t-shirts and grass skirts, but all of our staff, volunteers and young people had a very happy afternoon. The young people particularly appreciated the time before the procession opening up the club to dress up and paint their faces; and then after the procession defrosting with hot chocolate and warm popcorn.



Titchfield Carnival

We are now in the process of planning a partnership project “Junior PCSO Scheme” with the local Police and PCSO for our 10 – 13 year olds. This is intended as an early intervention to prevent anti-social behaviour and encourage young peoples’ pride in their local community. This programme will be run over a period of eight weeks from March 2013, culminating in a presentation evening with parents/guardians invited to attend in May 2013. The early plans include: a visit from the Police Dog Unit, a first aid night from the Ambulance Service, a visit to the local Fire Station, FAKE (gun and knife safety), Internet/Online Safety and a daytime community project during the Easter holidays.

Forton Footy

The Forton Footy Project runs every Saturday and Thursday at Forton Recreation ground Muga ...Boys and girls of various ages attend to be coached by Robbie or Todd.

They learn new skills and improve old ones in a safe/ fun but structured environment...Nearly 50 young people are now registered with the project and they turn out in large numbers rain and shine !!!

The young people assisted in a successful bid to the "You Decide" fund.

They were invited to attend Gosport Town Hall and were a major part of the presentation made to the voting public,(In fact we beat all other bidders) .

The Funds will assist us to obtain accredited certificates in football skills via The AQA awards scheme



Forton Football Project

Links with local Football clubs gave the youngsters the great thrill of being mascots for a Fareham Town Football Club game in the Sydenhams Wessex Premier League, and also even more exciting for them, performing a set of skills learnt at the project on the actual pitch in front of the crowd and very proud parents at half time . They chatted with the first team manager and made such a good impression they have earned an open ended invite to return at any time!!!

Kingsclere Youth Club, Kingsclere

Y Services has continued to deliver a Youth Club on Tuesday nights at Kingsclere. This summer Kingsclere Youth project with Y Service's support supported Summer Streetz -



five weeks of activities for 11 to 17 year olds from 30 July to 31 August. With Y Services support, Kingsclere was one of the busiest projects across Basingstoke and Deane. Recruitment is underway for the worker in charge post and an increase in number of sessions offered to young people in the community.

Xperience Hub – A Legacy Partnership Project

Whilst most people were looking forward to a night on the town or an evening in front of the television, on Friday 16th November, a group of young people from local communities were outside braving near freezing temperatures setting up cardboard shelters to sleep outdoors for the night as part of the latest 'Legacy Project', in partnership with X-perience Youth Hub.



Xperience Sleep Out - Photography by Nigel Copcutt Photography

The event was chosen and organised by the young people to help raise funds and awareness for Fareham's Basics Food Bank, who help provide food and essentials for local homeless people and those living in crisis. Fareham Town Football Club kindly agreed to provide the venue, and the young people were joined by Adam Gibson from The Legacy Project and Andy Kennedy and Sally Shone from Y-Services. They helped the young people to cook rations on camping stoves to see them through the night until the event finished at 8am. The young people were left with a new perspective on what it's like to live on the streets, particularly as some barely managed to get any sleep.

Genesis HUB – A Legacy Partnership Project

Genesis has seen growth in numbers attending weekly sessions over the past year. The Staff team has increased and we now have three lead workers for the projects specialising in different age ranges and developmental needs. Specific work developing young people's creative skills, self confidence and independent living skills have been successfully undertaken. Young people from Genesis involved themselves in the Fareham wide summer arts project which saw their amazingly thoughtful and insightful art displayed alongside others at the Ashcroft art centre. The work during evening sessions has progressed with young people taking more interest in developing their knowledge on issues based topics.

In the last year the Thursday night project for school years 9-11, has grown from 15+ regularly attending to 30+ with number reaching 50+ some weeks. In addition we have opened the Wednesday night session for years 7-9 which has 20+ young people regularly attending. We are about to open a 3rd evening session for years 6-7 to cover that important transition period when young people move up to secondary school.



Young Women's Group

The young women's' project operates on Thursday afternoons. It is well attended with young women and staff have seen their growth in confidence and self esteem

during the project. The group have raised money for Naomi House and are currently working on a community fundraising project to raise money for a cancer charity. Young women use creative arts to communicate personal and sensitive emotions

Community

Genesis has been working hard to become part of the community, we have held to free community days where member of the public came into the centre and mixed with young people. We have good and growing relationships with FBC, the local secondary school Brookfield, Police, community safety and parents. A recent talent show at the end of a 10 week music project was open to friends and family to come in and see the young people perform over 70+ people were in that night. We have worked closely with foster parents who wanted to provide their children in care with opportunities to attend projects.



24 Hour Art Challenge

Odyssey Hub – A Legacy Partnership Project

Y Services and our partners have really begun to embed at Portchester now with a range of projects on offer to young people. We have over 100 members on our books. Relationships are growing in the local community and there is positive dialogue between us, parents/ carers, the school, residents and other agencies. We have had a varied programme on offer in which we have tried to meet needs identified by young people, those raised in relation to our work with behaviour (noting behaviours, needs and responding to these) and also picking up on available opportunities.

Some highlights have been:

- A group of Year 9 young women interviewing the local community centre and also Fareham Borough Council about the toilet facilities. Their new found

understanding meant that they could relay the message about what is meant by 'public' to their peer group.

- Taking a group of young men to Fort Purbrook. This was in response to suggestions for trips. The group had at times presented challenging behaviour within the session but in the main during our visit showed they were able to lead and support others. In terms of relationship building this was an excellent opportunity for young people to see youth workers in a different setting and for support to run both ways.
- A group of young people took part in the commissioning of Hampshire young people's substance misuse services..
- We ran a session about cannabis and the law in response to increased use by young people and to reinforce messages about what constitutes dealing.
- We held a World Mental Health Day Quiz night where young people participated in teams to answer questions in a number of rounds including a memory game, general knowledge, mental health and drugs & alcohol.
- Young people created anti bullying posters to raise awareness which are displayed within the project.
- Young people have taken part in blindfolded ginger bread making sessions, with the outcome of raising listening skills and increasing communication.
- We ran a Design a Christmas card competition with a prize of a £10 h and m voucher. Young people worked in the session to design cards and identify local agencies which may provide support for young people over the Christmas period. The winning design was printed onto a card with agency details inside (i.e. The Samaritans, Domestic Violence Helpline, where Emergency Contraception could be accessed) and then sent to all of our members.
- In December we published our first Odyssey Good News Letter which went out to all of our members, the school, police and local residents and celebrated the positive involvement of young people in the Portchester area.
- We are delighted with a donation of £200 to the Friday night drop-in by Counsellor Price for cooking activities

Gosport LGBT Support Service - A Legacy Partnership Project

The Gosport LGBT project has had a brilliant year this year and has continued to support young people who are lesbian, gay , bisexual, transgender or unsure of their sexual or gender identity. The project been in contact with 60 different young people since April 2012 either they have engaged with 121 support or attended and participated in the LGBT group.

In April 2012 the average weekly attendance at the Thursday evening group session totalled 12 - 13 per session. In January 2013 the average weekly attendance rose to 17 – 18 with weekly attendance reaching 25 young people per Thursday session.

17 young people have engaged in 121 support sessions which ranged from support to deal with homophobic bullying, coming out, exploring emerging sexuality, exploring emerging gender identity, creating a new identity, deed poll identification and identity change, sexual health and full sexual screening, Chlamydia tests, work experience placement, family difficulties, risk taking behaviour, personal safety, alcohol awareness, relationships, Relationship breakdown, self harm, domestic violence. 2 young people have been supported around transgender issues, exploring and coming to terms with and better understanding their gender identity.

Young people have been sign posted and referred to other specialist support, as well as project youth workers advocating for young people and having contact with other professional colleagues to ensure that they are appropriately supported. These organisations and agencies include:

- CAMHS
- PCT – GU Medicine
- Inscape
- BreakOut – No Limits (for enquiries from colleagues and Fareham based young people)
- Chrysalis
- Pastoral care in school

Highlights

The project has been able to offer an LGBT young man a work experience placement for Health and Social Care course. The young man really gained in confidence, he helped plan and evaluate sessions, developed new promotional material for the organisation and created resources to use with sessions. A particular highlight for him, was being part of a panel interviewing new youth work staff for Y Services.

One of the highlights for the LGBT project has been working in partnership Hampshire Constabulary to introduce and deliver a LGBT themed and anti homophobic PHSE programme to all year 10 and year 7 students at Brune Park Community College. There were 13 classes in each year, 26 sessions were delivered in total.

The year 7 sessions focused on delivering an interactive PowerPoint presentation that aimed to raise the student's awareness of young people and sexuality issues as well as challenge the use of homophobic language.

The year 10 sessions focused on delivering an interactive session utilising Jordan's Story from the Stonewall Education for all resource FIT DVD. The sessions again aimed to raise the student's awareness of young people and sexuality issues as well as challenge the use of homophobic language.

Some of the feedback from the young people that took part

"I didn't realise how much people got bullied because of their sexuality and now I know how much they do, I think we need to work together to stop it."

"I thought the presentation gave me a lot to think about."

"It's ok to be who you are."

"I used to feel uncomfortable around gays but the video has opened my eyes and I now know why they are just the same as everyone else."



Things to look forward to

An LGBT Youth Conference: A mixture of workshops, activities that focus on young people being able to explore our past, celebrate our present and create our future
Making contact with other schools in the Gosport Area to identify how we can offer support to deliver PHSE sessions which tackle homophobic bullying and language.

Health and Wellbeing Drop in

In partnership with the Moving on Project Counselling service, Y services and the Legacy Partnership deliver health and well being drop in sessions across the Fareham and Gosport areas. Six sessions are offered per week based in schools and youth centres. Young people can find out about all sorts of health issues which can relate to physical and emotional wellbeing. Staff can refer individuals on to counselling or other support agencies as appropriate.

Fareham and Gosport Detached Youth Work - A Legacy Partnership Project

Detached youth work is delivered across the Fareham and Gosport areas based on the local needs. Multiagency groups advise the youth work teams where hotspots are in terms of antisocial behaviour or where groups of young people have been seen in parks, shopping parades etc. Staff deliver work which includes personal safety, information on risky behaviours such as substance and alcohol misuse and community involvement and participation. Currently, detached workers deliver six sessions per week across both Boroughs.



Young People's Survey – What Young said..

“Attending this youth project helps me to keep out of trouble”

Strongly agree	Agree	Neutral	Disagree	Strongly disagree
49	43	30	10	3

“In this project discrimination is always challenged”

Strongly agree	Agree	Neutral	Disagree	Strongly disagree
45	42	36	10	3

“If this youth project was not open I would have nothing to do and nowhere to go”

Strongly agree	Agree	Neutral	Disagree	Strongly disagree
47	39	28	20	2

Youth workers at this project challenge the attitudes and behaviour of those who attend

Strongly agree	Agree	Neutral	Disagree	Strongly disagree
44	60	28	4	0

“Youth workers are positive about young people and their achievements.”

Strongly agree	Agree	Neutral	Disagree	Strongly disagree
61	59	11	2	1

I feel safe when attending the project.

Strongly agree	Agree	Neutral	Disagree	Strongly disagree
61	58	9	9	3

In general I think this is a good project that I enjoy attending.

Strongly agree	Agree	Neutral	Disagree	Strongly disagree
92	27	9	3	3

Sample of 136 responses received

Our Financial Position

Y SERVICES FOR YOUNG PEOPLE

(Company limited by guarantee and not having a share capital)

STATEMENT OF FINANCIAL ACTIVITIES FOR THE PERIOD ENDED 29 FEBRUARY 2012

	Notes	Restricted funds £	Unrestricted funds £	Total 2012 £
INCOMING RESOURCES				
<i>Incoming resources from generated funds</i>				
Voluntary income		5,507	47,558	53,065
TOTAL INCOMING RESOURCES		5,507	47,558	53,065
RESOURCES EXPENDED				
Charitable activities	3	1,460	17,938	19,398
Governance costs	4	-	600	600
TOTAL RESOURCES EXPENDED		1,460	18,538	19,998
NET INCOME FOR THE PERIOD		4,047	29,020	33,067

Approved by the Y Services Trustees on 12 February 2013

Our Partners, Funders and Supporters



Hampshire
County Council

Kingsclere Youth Club

Titchfield Youth Club



2013

The focus of our work in 2013

Our main objectives for the year continued to be the development of youth work within the south of Hampshire following a number of successful applications to deliver commissioned youth work on behalf of Hampshire County Council.

The strategies we used to meet these objectives include:

- Recruiting trained and experienced youth and community workers
- Entering into a partnership with two other youth work charities thus increasing capacity and opportunities for young people
- Working in partnership with other agencies to raise the profile of the organisation and contribute to the local and County council agreed Children and young person plan priorities.

The charity has progressed in obtaining funding from a number of sources to deliver focussed youth work opportunities. This has included two special needs youth clubs, two rural youth club provisions in partnership with community organisations and a sports project funded through a national programme. The recent formation of a partnership with two other youth work charities has brought about a major increase in funding and delivery challenges through seven individual commissioned pieces of work.

Future work

As Y Services for young people has entered into a partnership with two other local charities – Music Fusion and the Legacy Project to deliver the commissioned youth work in 2013/14, it is envisaged that this consortium approach will be explored further with a view to seeking other opportunities within Hampshire and surrounding counties to deliver high quality provision to targeted young people.

The charity will seek to continue to support community lead initiatives which will include responding to identified needs from both young people and local partnership groups.



Web www.yservicesforyoungpeople.co.uk

Y Services for Young People is a registered charity (1145664) and a company limited by guarantee (7530223). Registered office: 42 Wallis Road, Waterlooville, Hampshire PO7 7RX E: info@yservicesforyoungpeople.co.uk

